

## *Institut Marquès at the ESHRE Congress*

### **Less anxiety during fertility treatments**

- Embryomobile, an application created by Institut Marquès, allows to observe the evolution of the embryos while they are in the incubator
- The results of this application's use have been presented at the Congress of the European Society of Human Reproduction and Embryology (ESHRE)
- 91% of the patients who have used the Embryomobile say that it helped them feel much calmer during the IVF process. They connect an average of four times a day.

**3th July 2017**

Assisted Reproduction treatments often create anxiety in patients, especially during the days they are waiting for the development of their embryos.

That is why [Institut Marquès](#) offers a pioneering service worldwide that helps the well-being of future parents during the treatment. This is the [Embryomobile](#), an application that allows observing the evolution of the embryos from home while they are in the [Embryoscope](#) (a high-technology incubator with an incorporated video camera that films their development).

Patients can do the follow-up from home or from any other place, as embryologists do in the laboratory, from the time of fertilization until the day of the transfer to the maternal uterus, five days later.

The Centre has presented the results of the use of Embryomobile at the annual conference of the European Society of Human Reproduction and Embryology (ESHRE) in Geneva (Switzerland).

Almost 400 patients from all over the world participated in the study. All of them valued the experience positively and 91% commented that the Embryomobile helped them feel much calmer during the process.

Dr. Federica Moffa, gynaecologist at Institut Marquès, says: "**The Embryomobile has been very well accepted among our patients, because it allows them to get much more directly involved in the process and helps them establish the first emotional relationship with their future child. It is as if they go into the laboratory from home. An example of transparency in our way of working**"

**Choosing the best Embryo**

More than 3.000 patients have already used this system and frequently during the day (an average of 4 connections daily). According to Institut Marquès, 43% of the participants in the study connected more than five times a day to see their embryos, 27% between 2 and 4 times and 23% once.

The study also shows that 51% of patients were able to choose the best embryo to get pregnant. Of these, 74% chose correctly the embryo to transfer or vitrify.

- **About Institut Marquès**

Institut Marquès is a centre of international reference in Gynaecology, Obstetrics and Assisted Reproduction with offices in Barcelona, Milan, London and Ireland (Dublin and Clane).

The centre, with great experience in cases that present special difficulty, helps people from more than 50 countries to achieve their dream of having a baby. Institut Marquès offers the highest rates of pregnancy success, with 89% per IVF with egg donation cycle.

Leader in innovation, this centre develops an important line of research on the benefits of early life music and foetal stimulation. You will find more information on the following websites: [www.institutomarques.com](http://www.institutomarques.com) and [www.institutmarques.ie](http://www.institutmarques.ie)

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